

Tioga ISD
SHAC (Student Health Advisory Council)
5/29/25 (Virtual) Meeting Minutes (unofficial)

- Meeting called to order at 6:32 pm by Lisa Neal (recording of minutes by Lisa Neal since Chelsie Shiflett, secretary, not present).
- Attendance documented. In attendance (10): Lisa Neal, Kurt Hall, Josh Ballinger, Trina Colteryahn, Pam Moore, Jana Hansen, Jessica How, Cheryl Van Lieshout, Cynthia Shelton, Gretchen Flint
- Minutes reviewed from 3/20/25 meeting. Motion made to approve minutes by Jessica How. 2nd by Kurt Hall.
- Discussed open seat for SHAC chair position. Motion made by Lisa Neal to approve Jessica How for the chair position. 2nd by Trina Colteryahn. All present, in favor.
- Kurt Hall discussed new Tioga ISD police department in progress.
- Lisa Neal provided updates on stock medication planned implementation.
- Gretchen Flint discussed PK-5th vertical alignment project she is actively making to assist with creating a curriculum for PE classes. Lisa Neal suggested a full-time PE coach position as an option rather than a shared coach from one of our athletic teams. It was determined that the PE set curriculum (in formation) will assist with subs in PE classes.
- Lisa Neal discussed AN (Acanthosis Nigricans) screening recommendations and need for a digital scale with height measuring abilities with ability to be shared with athletic dept for physicals and PE for fitness screenings. Gretchen Flint and Cynthia Shelton recommended Donors Choose through Horace Mann for possible funding.
- Community/Family Involvement discussed by Cynthia Shelton. She seeks to implement MS student council and National Student Beta Club at the MS level.
- Communication for parents discussed as barrier for involvement - suggested one platform for communication district-wide such as weekly newsletter with events emailed or texted via OneCall.
- Cynthia Shelton and Cheryl Van Lieshout suggested a club/info. Night for all extracurriculars to have a table with information present.
- Nutrition services discussed by Josh Ballinger who explained menu items with extra options in the future planned and restrictions regarding menu items and leftover food management.
- Mental & Emotional Health discussed: email read from Rachel Nalls regarding increased counselor needs at elementary level and increased training desired for teachers to meet needs. Josh Ballinger stated Grayson County Co-Op training will be done for everyone in a step process with most critical first until all are trained. Cynthia Shelton mentioned Caring For the Mind training at Region 10.
- 7:23 pm motion to adjourn was made by Trina Colteryahn. 2nd by Jessica How.