

# Tioga ISD Health Services



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## ***COVID Protocols (updated 1/18/22)***

**Masks:** Masks will remain optional however they are ***highly recommended*** (per CDC guidelines) ***to be worn for 5 days after a positive case recovers and returns to school.***

**COVID symptoms outside of school:** Students/staff who are experiencing COVID symptoms should not attend school/work, and closely monitor if there is a known exposure to a positive COVID case within the past 14 days. Medical questions, unrelated to these provided protocols, should be addressed by their medical provider. For any student who misses more than 2 school days due to illness, a physician's note of clearance, negative COVID test OR a 5-day absence will be required before they can return to school.

**COVID symptoms at school:** Students/staff who experience COVID symptoms during the school day will be screened by the health office on campus, referred to Nurse Neal as needed, and be sent home accordingly.

**Quarantine requirements:** Confirmed positive individuals are required to isolate at home for 5 days from the onset of symptoms OR if asymptomatic, 5 days from the test date.

**Returning to work/school after a positive COVID test:** A recovered positive individual, must be at least 24 hours free of fever (defined at 100 degrees F. or higher) without the use of fever-reducing medications. They must also be 24 hours free of vomiting and diarrhea without the use of antiemetic or antidiarrheal medications. They must also have improvement in all other symptoms (loss of taste/smell and cough will linger and are not expected to be fully resolved but the cough should be under control and manageable).

**Close contact requirements:** Parents of students who are close contacts (whether in a shared household, classroom setting, etc.) may continue to send their children to school as long as they are NOT showing symptoms and have NOT tested positive. If they begin showing symptoms, please refer to the above criteria.

**UIL requirements after a positive COVID test:** Students participating in any UIL activity that test positive for COVID are required, per UIL guidelines, to obtain a physician's note after their recovery, stating one or more of the following: they are able to return to school without restrictions, are able to return to athletic activities, are able to participate in in athletics/extracurricular activities, etc. Please contact Ashley Maioriello, TISD Athletic Trainer, for questions regarding this requirement.