

September 2025

TIOGA ISD LUNCH 9th – 12th

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 Beef Nachos or Baked Potato/Trimmings Rosted Corn Spanish Rice Lett/Tom Salad Ranch/Jalapeños	3 Chicken Bites Or Beef Fingers Mashed Potatoes Green Beans Roll/Cookie Ket/Gravy	4 Cheese Or Pepperoni Pizza Or Turkey Sub Sweet Corn Popeye Salad	5 CB Or Chicken Sand Curly Fries Lett/Tom/Pickle Cup Ket/Mayo/Mustard Ice Cream
8 Chicken Quesadilla Or Pull Pork Sand Pinto Beans Cilantro Lime Rice Fresh Carrots Ranch	9 Chicken Alfredo Or Turkey Sub Broccoli/Cheese Romaine Salad Garlic Bread Stick	10 Chicken Nuggets Or Beef Fingers Mashed Potatoes Green Beans Mac/Cheese Chocolate Pudding	11 Cheese Or Pepperoni Pizza Or Meatball Sub Sweet Corn Romaine Salad	12 Hamburger/Cheese Or Grilled Cheese Tomato Soup Onion Rings Lett/Tom/Pickle Cup Ket/Mayo/Mustard Ice Cream
15 NO SCHOOL	16 Beef Tacos Or Popcorn Chick Salad Taco Black Beans Spanish Rice Fresh Carrots Lett/Tom Salad	17 Popcorn Chicken Or Beef Fingers Mashed Potatoes Green Peas Roll/Cookie Ket/Gravy	18 Cheese Or Pepperoni Pizza Or Turkey Sub Corn Caesar Salad Ranch	19 Hamburger/Cheese Or Spicy Chicken Sand Waffle Fries Lett/Tom/Pickle Cup Ice Cream
22 NO SCHOOL STAFF WORKDAY	23 Crispito/Cheese Or Turkey Sub Cilantro Lime Rice Chili Beans Carrots Chips & Salsa	24 Chicken Nuggets Or Beef Fingers Mashed Potatoes Green Beans Roll/Ice Cream Ket/Gravy/BBQ	25 Cheese Or Pepperoni Pizza Or Spicy Chicken Sand Corn Popeye Salad Ranch	26 Hamburger/Cheese Or Grilled Cheese Tomato Soup Lett/Tom/Pickle Cup Ket/Mayo/Mustard Sun Chips
Orange Chicken Or Teriyaki Chicken Or Turkey Sub Brown Rice Egg Roll Cucumber/Tom Dip Fortune Cookie	30 Cheese Or Chicken Enchilada Or Beef Burrito Pinto Beans Cilantro Lime Rice Chips & Salsa			



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Announcements

DAILY OFFERED:

1% PLAIN MILK
1% CHOCOLATE MILK

JUICE
FRUIT
ASSORTED FRESH
VEGGIES

MENU SUBJECT TO
CHANGE



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