

# Tioga ISD Health Services



## ***COVID Protocols 2023-2024***

### **COVID Absences:**

Per the guidance and regulation of the Texas Department of State Health Services, if a student or staff member tests positive for COVID they must be absent from campus and school events for 5 days from the onset of symptoms (or 5 days from the test date if asymptomatic).

- In addition to the standard absence email required to either [elms.attendance@tiogaisd.net](mailto:elms.attendance@tiogaisd.net) or [hsattendance@tiogaisd.net](mailto:hsattendance@tiogaisd.net), a **picture of a positive home test OR a doctor's note/test result stating the need for a 5-day absence** must be included (in the email or via hard copy).
- Please also email [lisa.neal@tiogaisd.net](mailto:lisa.neal@tiogaisd.net) to report the positive COVID case and include either a picture of a positive home test or a doctor's note/test stating the need for the 5 day absence.
- **Only** confirmed positive individuals are required to isolate at home (including asymptomatic or symptomatic).
- Symptomatic individuals with known exposure to COVID (within the past 14 days) **MUST** provide either a positive home test result or doctor's note/test to excuse the absence.

**Masks:** Masks will remain optional however they are ***highly recommended*** (per CDC guidelines) ***to be worn for 5 days after a positive case recovers and returns to school.***

As with any illness return, these are the following requirements **in addition to the 5-day period:**

- At least 24 hours fever free (fever defined at 100.0 F or higher), without using fever-reducing medications.
- At least 24 hours free of vomiting or diarrhea
- Overall improvement in symptoms (not all symptoms need to be fully resolved).